YWCA/I		
Parks &		
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YWCA/Huron Charter Township Parks & Recreation Commission



eliminating racism empowering women **ywca**

of metropolitan detroit

Special Events
Adult Programs
Youth Programs
Preschool Programs
Community Events

2012/13 Fall-Winter-Spring-Summer Program Guide

Huron Charter Township Parks & Recreation provides community programming through the YWCA Downriver Outreach. Serving women, children and families downriver.

In Metro Detroit, the YWCA empowers women, children and families...
through programs at branches in Detroit, Lexington and Downriver
and at the YWCA's Interim House, Michigan's largest and first domestic violence shelter.

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YWCA STAFF

YWCA Huron Program Director
Nancy Anger YWCA nanger@ywcadetroit.org

Phone: 313-259-9922 ext. 202

For Information on ANY YWCA programs please call the YWCA 313-259-9922 ext. 202

HURON TOWNSHIP RECREATION COMMISSION MEMBERS

Chair

Terri Riopelle

Vice Chair

Mike Anetzberger

Secretary

Maeghan Lyons
Commission Members

Gail Barron Richard Sobecki Tedi Belisle

Township Board Liaison

Linda Spangler

HURON CHARTER TOWNSHIP BOARD MEMBERS

Supervisor Elke Doom Clerk

Kathlene Van Wasshnova

Treasurer *Linda Spangler*

Trustees
David Glabb
R.P. Lilly
Donna Mendrysa
Ted Pappas

HURON CHARTER TOWNSHIP PARKS & RECREATION PROGRAM INFORMATION

- Register Early!
- All classes must have sufficient enrollment before classes can be offered.
- REGISTRATION MUST BE RECEIVED PROIR TO CLASSES BEGINNING
- You may register for a class anytime throughout the preceding semester by mail
- or during YWCA office hours. YWCA office Hours: M-F 10 a.m. 4 p.m.
- All class fees are payable at registration
- Supply fees, where applicable are payable to the instructor at the first class meeting
- You will be notified ONLY if a class is cancelled or filled.
- Full refunds will be given to cancelled classes. NO refund will be issued once a class begins.
- Recreation classes are open to non-residents of Huron Township.

REGISTRATION FORM

Please complete the entire form. Mail form and fees to YWCA Downriver Outreach, P.O. Box 121 Wyandotte, MI 48192. Make checks payable to YWCA. For questions call the YWCA at 313-259-9922 ext. 202.

Address		City		?ip	
Home Phone	Cell	Other			
E-mail		Child AgeChild Grade			
Course Name	Da	ay/Time	Location	Fee	
			Total Enclosed		
FOR CREDIT CARD PAYI			Expiration Date		
		Credit Card Type			
		Total Amount			
Signature					
The Huron Charter Township Parks an for which there is insufficient registratio the Huron Charter Township Parks and origin, age, sex or handicap in its program of the consideration of your acceptance of tives, waiver, release and forever dischties throughout which the program will damages which may be sustained or sit therein. I further represent that I am/m, ing in this activity.	on or to close a facility due to inc d Recreation Commission and the rams, activities or employment. Wain my/my child's registration in this harge any and all municipalities, be held on its or their respective uffered by me/my child in conne	for the YWCA reserves the clement weather, equipme the YWCA not to discrimin ver of Liability is program, I do hereby, for school districts, St Johns e officers, instructors, admeetion with said associatio	ent, etc. It is the policy of the Huron nate on the basis of race, color, relig or myself, my child, my heirs and pe s UCC the YWCA of Metropolitan D ninistrators, successors and/or assi, m with this program and my/my chil no with this program and my/my chil	School Distriction, national properties of the series of t	

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YWCA Huron Kids Zone Programs

YWCA Huron Kids Zone Before and After School Care (Grades K-5) Located at Sunnyside Kindergarten Center

The YWCA Kid's Zone Program offers before and after care during the school year as well as some 1/2 days, in-service days and school breaks. Program includes supervised games, sports, reading, crafts, enrichment days, science, homework assistance, and a daily afternoon snack. For more information please call the YWCA 313-259-9922 ext. 202

Program Hours:

M-F 6:30 a.m. -start of school Cost \$7 per day M-F after school -6:00 p.m. Cost: \$8 per day

This program follows the Huron Township public school calendar for half days and no school day.

Transportation to and from Sunnyside from Miller, Brown and St Stephens is provided by the school district and must be arranged through the transportation department by the parent

YWCA Huron Kids Zone Preschool

Located at Sunnyside Kindergarten Center

Give your child a head start. Specialized curriculum for 3 and 4 year olds. Pre-reading, Writing ,Science– light, water color and bubbles. Sounds and letters (PHONICS SOUP) Fine motor skills, Gross motor skills, Math– shapes, sorting, counting.

Programs to be offered:

3 year old class (3 by 11/1/12) Tuesday's and Thursday's AM Session 9:00 –11:30 am \$115 per month

4 year old class (4 by 11/1/12) Monday, Wednesday and Friday's AM Session 9-11:30 am \$135 per month Full day session (MWF) 9 AM-3:15 PM \$260 per month The YWCA offers specialty camps as well as Summer Camp. For more information please call the YWCA or visit our website: ywcadetroit.org.

For more information or to register for any of the YWCA Kids Zone programs please contact the YWCA at 313-259-9922 ext. 202 or email Nancy at nanger@ywcadetroit.org

These YWCA programs are located at:

Sunnyside Kindergarten Center 24820 Merriman Road New Boston, MI 48164

SHARE THIS BROCHURE WITH A FRIEND!

WANTED

Program Suggestions

We are always looking for new classes, activities, and ways to improve our existing programs. Your suggestions are most welcomed. Please contact Nancy 313-259-9922 ext. 202 or nanger@ywcadetroit.org

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2012-13 COMMUNITY EVENTS

YWCA/ HURON TOWNSHIP PARKS & RECREATION PROGRAM INFORMATION

- Register Early!
- All classes must have sufficient enrollment to run program.
- REGISTRATION MUST BE RECEIVED PROIR TO CLASSES BEGINNING
- You may register for a class anytime throughout the preceding semester by mail or during YWCA office hours. YWCA office Hours: M-F 10a.m. - 4 p.m.
- All class fees are payable at registration
- Supply fees, where applicable, are payable to the instructor at the first class meeting
- You will be notified ONLY if a class is cancelled or full.
- Full refunds will be given to cancelled classes.
 NO refund will be issued once a class begins.
- Recreation classes are open to non- residents of Huron Township.
- There is a fee of \$25 charged for all returned NSF checks.

HOW DO I REGISTER?

Fill out the registration form located on page 9 in this booklet, enclose a check or money order **payable** to YWCA (\$25 fee on all returned checks) mail to:

YWCA P.O. Box 121 Wyandotte, MI 48192

There will be NO on-site registration for classes. All students must be pre-registered to attend class.

For information on upcoming YWCA programs please visit www.ywcadetroit.org

The following events are sponsored by the Huron Charter Township Recreation Commission.

Please visit the township website for more information on these events.

ANNUAL TRICK OR TREAT EVENT

PUMPKIN CARVING

ANNUAL CHRISTMAS TREE LIGHTING

ANNUAL EASTER BUNNY PANCAKE BREAKFAST/EASTER EGG HUNT

www.hurontownship-mi.gov

WHERE ARE MY CLASSES?

Be sure to check your program descriptions for class locations.

Huron School District Schools

Brown Elementary 25485 Middlebelt Road, New Boston

Miller Elementary School 18955 Hannan Road, New Boston

Renton Junior High School 31578 Huron River Drive, New Boston

Huron High School 32044 Huron River Drive, New Boston

Sunnyside Kindergarten Center 24820 Merriman Road, New Boston

THERE WILL BE NO ON SITE REGISTRA-TION FOR CLASSES. ALL STUDETNS MUST BE PRE-REGISTERED FOR CLASSES TO ATTEND.

SHARE THIS BROCHURE WITH A FRIEND!

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Adult PROGRAMS

Health and Fitness

ZUMBA

Zumba® is a fusion of Latin and international musicdance themes that create a dynamic, exciting, effective fitness system! The routines feature aerobic/ fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body. **Bring a small towel and water!**

When: FALL- Wednesday's October 3-Dec.19 2012 *No classes 10/31 or 11/21

WINTER Wednesday's Jan. 23 -Mar.,27,2013 SPRING Wednesday's April 17-June 5, 2013 SUMMER TBD

Time: 6:00 p.m. - 7:00 p.m. Where: Miller Elementary Cost: \$62(10 weeks)

Instructor: Elements of Exercise Staff/Lourdes

FREE CLASS WEDNESDAY SEPTEMBER 26 AT 6:00 pm



BALL BLAST

Do you own a stability ball, and can't figure out what to do with it? This Ball Blast group exercise class you will learn exercises and use a stability ball to achieve core strength, improved cardiovascular health, while sculpting the entire body. This program is for all levels of fitness. With this class you will improve agility, muscular strength and endurance, as well as flexibility. **Mat, Ball and 3-5lb weights needed.

**Instructor: FOF Staff/Lourdes

When: FALL- Wednesday's October 3-December 19.2012

*No classes 10/31 or 11/21

WINTER Wednesday's Jan. 23 -Mar. 27, 2013 SPRING Wednesday's April 17-June 5, 2013

SUMMER TBD
Time: 7:10 p.m. - 8:00 p.m.
Where: Miller Elementary
Cost: \$58 (10 weeks)

Women's Self Defense

This program is offered to women ages 13 and older (under 18 must be accompanied by an adult.) This 2 hour class is an introduction to self-defense.

When: WINTER JANUARY 2013

PLESE CHECK OUR WEBISTE WWW.YWCADETROIT.ORG FOR UPDATES

Time: 6:30-8:30 p.m.

Where: Huron High School

Cost: FREE (we must have 10 people registered)

Instructor: PKSA

CPR/AED/First Aid/Blood Borne Path Certification Infant Child and Adult

**2 year certification

This class gives individuals the knowledge and skills necessary to recognize and provide basic care for breathing, cardiac emergencies including how to use an automated external defibrillator (AED) for victims of sudden cardiac arrest, until advanced medical personnel arrive and take over. Red Cross Certification by a Red cross Instructor. Ages 11 - Adult

When: FALL

Saturday November 17, 2012

WINTER

Saturday February 23, 2013 Time: 9:00 am - 4:00 p.m.. (1 hour lunch) Where: Sunnyside Kindergarten Center

Cost: \$90

Instructor: Laura Machlik

CPR/AED/First Aid/Blood Borne Path Re-Certification Infant Child and Adult

** 2 year Certification

Must have current certification in CPR/First Aid take re-certification class. (Must be able to provide proof with pre-registration)

When: FALL

Saturday December 8, 2012

WINTER

Saturday March 2, 2013 Time: 8:30 a.m. - 12:30 p.m.

Where: Sunnvside Kindergarten Center

Cost: \$ 70

Instructor: Laura Machlik

Youth PROGRAMS

Princess Dance

Each week we will learn a different dance using the basic in dance discipline. Each week your child will receive a prop to go along with our princess theme. (example Cinderella Ballet– tiara)

Please bring a water bottle.

Week 1 Cinderella Week 2 Belle Week 3 Jasmine

Week 4 Ariel
Week 5 Tatiana

Week 6 Aurora

When: FALL

Wednesday's October 17-December 5, 2012 *No classes 10/31 or 11/21

WINTER

Wednesday's February 6- March 13, 2013

SPRING-TBD

Time **3 - 4 year old** - 5:15-5:45 p.m. **5-7 years old** - 5:45-6:30 p.m.

Where: Sunnyside

Cost: \$45 (6 week session)

Hip Hop Class

This class is for ages 8-10 years. Learn traditional Jazz and mix it up with hip hop as well. Hip Hop is the most popular dance in music video's, commercials and movies. The music in class is always current, age appropriate, upbeat, popular. Please bring a water bottle.

When: FALL

Wednesday's October 17-December 5, 2012 *No classes 10/31 or 11/21

WINTER

Wednesday's February 6-March 13, 2013 SPRING-TBD

Time 6:30-7:15 pm Where: Sunnvside

Cost: \$45 (6 week session)



Babysitting Course Ages 11 and older

This class covers the following topics: basic growth development, responsibilities, selection of games, toys, home safety, accident prevention, basic first aid, personal safety, feeding, handling and diapering infants and more. This class does have a minimum of 10 students and a max of 20 for registration so, please register early!

PLEASE send in a LUNCH for this class.

When: FALL- Saturday December 8,2012

Time: 10:00 a.m. - 2:00 pm Where: Renton Junior High

SPRING- Saturday June 1, 2013

Time 10:00 a.m. - 2:00 p.m. Where: Sunnyside

Cost: \$50

Instructor: Nancy Anger (certified instructor)



Child Safety Seminar

In this hour long seminar your child will be educated on defining a stranger/bad person, stranger awareness, creating a verbal boundary, what to do if physically attacked, how to evade and how to report, role playing, how to focus and discipline to propel in life and school and the sequence of bullving.

When: SPRING Friday May 24, 2013

Time: 6:00-7:00 p.m.

Where: Sunnyside Kindergarten Center

Cost: FREE

PRE-REGISTRATION IS REQUIRED

Instructor: PKSA staff

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Youth PROGRAMS

Arts and Crafts

Children stay after school to learn and explore art and design elements through creative uses of different media such as drawing, painting, sculpture and much more. Grades 1-5

MILLER

WHEN: Tuesdays October 30-December 11, 2012 *No class 11/6

BROWN

WHEN: Tuesdays February 5- March 19, 2013

* No class 2/19 Time: 3:45-5:00 p.m.

Cost: \$ 40

**Please send an after school snack with your child . Each child must be picked up by 5:00 pm.

Kids Power Karate

Introduction Class

Children ages 5-12. Traditional martial arts training emphasizing self defense, physical fitness, conflict resolution, team work and anti kidnapping techniques. This program is designed especially for children and teaches prevention first. Wear loose fitting clothes.

When: When: FALL 2012

Tuesdays October 2- November 13, 2012

*No classes 11/6

WINTER 2013

Tuesday's January 29- March 12, 2013 No 2/18

SPRING 2013

Tuesday's APRIL 16- May 21, 2013

Time: 6:15-7:00 p.m. Where: Miller Elementary Cost: \$40 (6 weeks)

Students will have the opportunity to test for their belt for an additional \$20 fee payable to PKSA at the time of testing. DOBOK NOT MANDATORY



THERE WILL BE NO ON SITE REGISTRATION FOR CLASSES. ALL STUDETNS MUST BE PRE-REGISTERED FOR **CLASSES TO ATTEND.**

Gymnastics

This class is designed for a fun and energized introduction to basic gymnastics. Basic panel mats. shape mats, floor balance beams and tummy roll bars are some of the equipment that will be used to facilitate the teaching. The coach is a trained and experienced professional gymnastics instructor who is safetv certified. Please bring water bottle.

When: When: FALL 2012

Mondays October 1-November 19, 2012

WINTER 2013

Monday's January 28 - March 25, 2013

No Classes 2/18

SPRING 2013

APRIL 15- - June 10, 2013

No Classes 5/27

Time: 5-7 years 5:30 6:15 p.m. 8-10 years 7:00-7:45 p.m.

Where: Sunnyside Kindergarten Center

Cost: \$55 (8 weeks)



Cheer/Tumble

This class will teach students the basic tumbling and various aspects of cheerleading. They will also learn proper voice usage, the importance of facial expression and confidence when cheering. Our professional instructors will teach proper body positions, stunts and cheer motions. 6-10 years

Please bring a water bottle.

When: When: FALL 2012

Mondays October 1-November 19, 2012

WINTER 2013

Monday's January 28 - March 25, 2013

No Classes 2/18

SPRING 2013

APRIL 15- - June 10, 2013

No Classes 5/27 Time: 6:15-7:00 p.m.

Where: Sunnyside Kindergarten Center

Cost: \$55 (8 weeks)

Toddler & Preschool PROGRAMS

Sports Sampler Ages 3-5

This is a great program to introduce your toddler to different sports. We will learn and play a different sport each week. Please bring a water bottle.

When: When: FALL 2012

Tuesday's October 16 - November 27, 2012

*No classes 11/6

WINTER 2013

Tuesday's February 5- March 19, 2013

No class 2/19

Time: 6:00-6:45 p.m.

Where: Sunnyside Kindergarten Center

Cost: \$45 (6 weeks)



Story Time Cooks Ages 2-5

Each week your child will create a simple snack related to a fun new story. Pouring measuring, sifting and mixing are just a few of the fun activities they will enjoy in this program. At the end of each class we will enjoy our tasty treats.

When: When: FALL 2012

Tuesday's October 16 - November 27, 2012

*No classes 11/6

WINTER 2013

Tuesday's February 5- March 19, 2013

No class 2/19

Time: 10:00-10:45 a.m. p.m.

Where: Sunnyside Kindergarten Center

Cost: \$45 (6 weeks)

THERE WILL BE NO ON SITE REGISTRA-TION FOR CLASSES. ALL STUDETNS MUST BE PRE-REGISTERED FOR **CLASSES TO ATTEND.**

Preschool Gymnastics-

This fun oriented class focuses on basic movement designed to properly develop coordination, body awareness, confidence and social skills such as; taking your turn, paying attention, and watching out for others. Some equipment utilized are basic panel mats, shape mats, floor balance beams, and tummy roll bars. The coach is a trained and experienced professional gymnastics instructor. Please bring a water bottle.

When: When: FALL 2012

Mondays October 1-November 19, 2012

WINTER 2013

Monday's January 28 - March 25, 2013

No Classes 2/18

SPRING 2013

APRIL 15- - June 10, 2013 No Classes 5/27

Time: 5:00-5:30 p.m.

Where: Sunnyside Kindergarten Center

Cost: \$55 (8 weeks)



Introduction Class Children ages 4-6 years. Introduction to karate designed to teach children 7 important life skills: focus, memory, teamwork, discipline, self control, balance and coordination. All is achieved through exciting games and activities. Wear loose fittina clothes.

When: FALL 2012

Tuesdays October 2- November 13, 2012

*No classes 11/6

WINTER 2013

Tuesday's January 29- March 12, 2013 No 2/18

SPRING 2013

Tuesday's APRIL 16- May 21, 2013

Time: 5:30-6:00p.m. Where: Miller Elementary Cost: \$40 (6 weeks)

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